



Physical
health &
wellbeing

ben

Support for life

Ben supported Mo with his back pain

Mo previously worked for a pattern maker designing car interiors, but really struggled over a number of years following a car accident. Mo brought up his son as a lone parent and has struggled to keep his pain at a manageable level so he can carry out day-to-day activities.



We were able to meet Mo's immediate needs so he could support himself and his son. With his health continuing to deteriorate since the accident, Ben encouraged Mo to attend a pain clinic – which he now does on a regular basis – and use pain-relieving patches. In addition, we were able to provide Mo with a grant for an orthopaedic chair to ensure he can sit in comfort.

Mo's physical health is now at a more manageable level, his confidence has increased and he has more control over his life. Even though Mo's health will never be perfect, he is on his way to achieving a stronger level of physical fitness.

www.ben.org.uk

Free, confidential helpline 08081 311 333

f /BenSupport4Auto

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Ben – Motor and Allied Trades Benevolent Fund. Lynwood Court, Lynwood Village, Rise Road, Ascot SL5 0FG. A charity registered in England and Wales (no.297877) and Scotland (no.SC039842). Registered with the Homes and Communities Agency (no. LH3766).

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