



Financial
health &
wellbeing

ben
Support for life

We helped Jodie when she was in arrears

Jodie worked as an administrator at a garage, but had to leave because of ill health. She also suffered from panic attacks and was unable to leave her house on her own. She was in arrears with her rent and had also accrued a large number of other debts.



Her local authority had advised she give up her property, but Jodie was worried that her son would lose his place at a local school if she did.

Jodie's local authority referred her to us for financial support. We worked alongside another charity - which was already supporting her - to help her keep her home.

We advised she speak to her local Citizen's Advice, however Jodie felt uncomfortable speaking with people she did not know and was also unable to use public transport.

We felt that it would be best for her to speak to a qualified debt advice worker, so we helped her to make an appointment with a local trust to discuss her options. They are currently guiding her through a Debt Relief Order and we are continuing to provide her with support.

www.ben.org.uk

Free, confidential helpline 08081 311 333

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