

Bespoke health & wellbeing sessions

Additionally we can come and deliver bespoke health and wellbeing sessions onsite, designed to meet your specific requirements.



Partnering with Jaguar Land Rover Prologis & DHL

We recently worked with Jaguar Land Rover Prologis in Birmingham and the organisation's partner, DHL, to provide three sessions on general awareness and mental health awareness specifically for their Union Representatives.



"The service provided by Ben has been amazing. The team at Ben are very approachable and our colleagues have really engaged with them during these sessions. A total of 276 colleagues have spoken to Ben and the feedback has been very positive. The effect this service has had on the morale of the colleagues is excellent and they are always asking when the next session is.

"Colleagues speak very highly of the support and advice they have received. I have contacted all of the other sites on this contract advising them to use this service."

Tina Stewart, H&S Manager at DHL