



Physical
health &
wellbeing

ben

Support for life

Ben created a safe play area for Rosie's son

Rosie worked in the car auction business for many years, but stopped paid employment to have three children. Her middle child has Down Syndrome, hypermobility and his core temperature can easily drop to hypothermic levels. He also bruises very easily and can't play safely at ordinary play parks.



The family moved to the countryside to be closer to Rosie's mother, who had offered to help with childcare. Rosie's partner had changed jobs so he was closer to home and could more easily help, however he had to take a lower salary. Although the family managed their income and expenditure, there was no additional money for any extra spending.

Rosie contacted us as she needed to a safe play space for her son. We helped with a grant which meant the family could build a playground in their garden with rubber chippings and wooden sleepers to hold this play area together securely.

Rosie is now confident that her son is able to play safely in the garden and that she can watch from the kitchen window. The new play area has not only improved her son's physical and emotional health, but it has also offered some relief to Rosie and her partner as they know that Ben is there to support them.

www.ben.org.uk

Free, confidential helpline 08081 311 333

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