



Financial
health &
wellbeing



Support for life

Ben helped to ease Tom's financial pressure

Tom had been through a relationship breakdown, he was only able to have sporadic contact with his three young children and he was struggling with his finances. He was forced to rent a new property whilst still paying for the family home and existing debts. Additionally, as he was going through such a stressful time, Tom was also off work so his pay was severely reduced. As a result of his financial struggles, Tom had turned to payday lenders which had led to more debt and increased his stress levels.



Ben provided Tom with weekly food vouchers in order to help ease the financial pressure he was under and this gave him the breathing space he needed. Ben also supported Tom whilst he established more contact with his children, he was able to apply via the courts and was granted regular visitation rights. In addition, Ben encouraged Tom to seek further advice about his debts, which has helped improve his financial situation.

As a result of seeking Ben's support, Tom was able to take responsibility for managing his financial affairs both in the short and long-term.

www.ben.org.uk

Free, confidential helpline 08081 311 333

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