



Social  
health &  
wellbeing



Support for life

## Ben helped Don cope with bereavement

Don had been caring for his wife for 25 years and she sadly passed away suddenly a few months ago. He had been coping to begin with, however when his family dog passed away some months later, he began to struggle with his bereavement. He started breaking down at work which he was finding hard to deal with.



Don rented his home from the local authority but the tenancy was in his wife's name and was specifically adapted for her needs. Don asked whether he could switch the tenancy to his name however this wasn't possible because the property was required for someone who was in need of the adaptations it had undergone.

This is when Ben stepped in and helped Don register for local housing, guiding him through the process. Ben also found a local counselling group for Don and awarded him a grant to pay for it. It's now a month on and Don feels that he is making progress both emotionally and socially and he knows that he can turn to Ben if he needs to.

[www.ben.org.uk](http://www.ben.org.uk)

Free, confidential helpline 08081 311 333

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Ben - Motor and Allied Trades Benevolent Fund, Lynwood Court, Lynwood Village, Rise Road, Ascot SL5 0FG. A charity registered in England and Wales (no.297877) and Scotland (no.SC039842). Registered with the Homes and Communities Agency (no. LH3766).

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