

Money - social posts

Each year, we support many people who are struggling to make ends meet. In fact, money worries are one of the biggest reasons why people ask us for help.

When we're worried about money, it can make us feel stressed, overwhelmed and even anxious. The good news is that there are many ways that we can manage our money in the short, medium and long-term, as well as planning ahead for the future. To help, we've created a money section on our website with lots of tips and advice to help people manage their money.

Please help us spread the word to help reach those that might need some extra support. Feel free to copy and paste the text below and use it with our images. Don't forget to tag us in!

Twitter:

Worrying about money has probably affected us all at one time or another.

To help, **@BenSupport4Auto** have shared some great tips & advice to help people manage their money - from breaking bad habits to managing on a changing income 🙌 <https://bit.ly/3xoVSOv>

Give them a try!

Facebook:

Worrying about money has probably affected us all at one time or another. Whether that's struggling to make ends meet or not having enough money to cover an unexpected expense.

To help, **@Ben - Support for Life** has pulled together a collection of tips and advice to help you manage your finances. From breaking bad habits, to shopping on a budget and managing when your salary goes up and down 🙌 <https://bit.ly/3xoVSOv>

Check them out and give them a try!

LinkedIn:

Worrying about money has probably affected us all at one time or another. Whether that's struggling to make ends meet or not having enough money to cover an unexpected expense.

To help, **@Ben Automotive Industry Charity** has pulled together a collection of tips and advice to help you manage your finances. From breaking bad habits, to shopping on a budget and managing when your salary goes up and down 🙌 <https://bit.ly/3xoVSOv>

Check them out and give them a try!

Instagram:

Worrying about money has probably affected us all at one time or another. Whether that's struggling to make ends meet or not having enough money to cover an unexpected expense.

To help, **@BenSupport4Auto** has pulled together a collection of tips and advice to help you manage your finances. From breaking bad habits, to shopping on a budget and managing when your salary goes up and down. Head over to <https://bit.ly/3xoVSOv> to find out more.

Check them out and give them a try!

Here are some # that you can add to the end of your posts:

#MoneyWorries

#Wellbeing

#Support4Auto

#Support4Life

#Automotive

#MotorTrade