

## Reduce living costs - social posts

Our recent industry survey told us that 1 in 5 automotive people are struggling to keep up with the rising cost of living.

In fact, money worries are one of the biggest reasons why people ask us for help.

We've put together tips and advice to help cut costs at home. Help us spread awareness with those who may be struggling to manage their money.

**Please help us spread the word to help reach those that might need some extra support. Feel free to copy and paste the text below and use it with our images. Make sure to tag us in so that people know we're here to help.**

---

### Twitter:

With 1 in 5 automotive people struggling to keep up with the rising cost of living, **@BenSupport4Auto** has put together some tips, advice and tools to help you cut costs at home.

See how you can reduce your living costs 🖱️ <https://bit.ly/3JWZfZw>

---

### Facebook:

In Ben's recent health and wellbeing survey, they found that 1 in 5 automotive people are struggling to keep up with the rising cost of living, such as paying for energy bills, petrol and food.

With this in mind **@Ben - Support for Life** has put together some tips, advice and tools to help us all cut costs at home and make savings. See how you can reduce your cost of living 🖱️ <https://bit.ly/3JWZfZw>

Money worries are one of the biggest reasons why people ask Ben for help. If you're struggling, don't suffer in silence - call Ben's free and confidential helpline on 08081 311 333 (Mon-Fri 8am-8pm).

---

### **LinkedIn:**

In Ben's recent health and wellbeing survey, they found that 1 in 5 automotive people are struggling to keep up with the rising cost of living, such as paying for energy bills, petrol and food.

With this in mind **@Ben Automotive Industry Charity** has put together some tips, advice and tools to help us all cut costs at home and make savings. See how you can reduce your cost of living 🙌  
<https://bit.ly/3JWZfZw>

Money worries are one of the biggest reasons why people ask Ben for help. If you're struggling, don't suffer in silence - call Ben's free and confidential helpline on 08081 311 333 (Mon-Fri 8am-8pm).

---

### **Instagram:**

In Ben's recent health and wellbeing survey, they found that 1 in 5 automotive people are struggling to keep up with the rising cost of living, such as paying for energy bills, petrol and food.

With this in mind **@BenSupport4Auto** has put together some tips, advice and tools to help us all cut costs at home and make savings. See how you can reduce your cost of living 🙌 <https://bit.ly/3JWZfZw>

Money worries are one of the biggest reasons why people ask Ben for help. If you're struggling, don't suffer in silence - call Ben's free and confidential helpline on 08081 311 333 (Mon-Fri 8am-8pm).

---

### **Here are some # that you can add to the end of your posts:**

#Money

#MoneyWorries

#TopTips

#AutomotiveFamily

#Support

#Support4Auto

#Automotive