

Life-enhancing Care



Support for life

# Town Thorns Care Centre

Town Thorns Care Centre is situated in a peaceful rural location within 25 acres of beautiful countryside in the heart of the 'motor country', between Coventry and Rugby in the village of Easenhall.





“Please could you pass on our sincere thanks to all of the staff and residents who have shown such kindness to George (and to us) during his recent stay at Town Thorns. Even though things turned out to be more difficult than we anticipated, every member of staff was so positive and encouraging. It has allowed us all to enjoy time with George, as well as free time, that we haven’t had for a long time.”

# A warm welcome

Town Thorns Care Centre is situated in a peaceful rural location within 25 acres of beautiful countryside in the heart of the 'motor country', between Coventry and Rugby in the village of Easenhall.

Our centre consists of two buildings; a Victorian manor house with a chapel, office space for training and conferences, staff accommodation and a purpose-built care centre where people of all ages come for life-enhancing care.

We've been providing residential care at Town Thorns since 1991 and our care has consistently been rated 'Good' by the Care Quality Commission.

## Quality of care above all

At Town Thorns we focus on relationships and person-centred care that looks after the physical, emotional, spiritual and psychological wellbeing of each and every one of our residents. This means we adapt the way we work to suit individual needs and beliefs, developing an individualised care plan to suit each person.

We talk through every aspect of how each individual wish can be supported, from favourite foods through to specific medical needs. Whether listening to their stories or engaging them in activities they enjoy, calling people by their preferred name and ensuring all residents have the treats they love, everyone has choice, and is treated with kindness, dignity and respect.

## Our teams

Our experienced and a well-qualified care teams include nurses, physiotherapist and carers. Our generous staffing ratios ensure the standard of care we provide is consistently high.

We also have a team of visiting healthcare professionals including a general practitioner who visits twice a week, dentist, optician and chiropodist, who will visit Town Thorns upon request.

## Our care

At Town Thorns we provide the following types of care:

- Residential and Nursing care;
- Care for adults with physical disabilities;
- Dementia care;
- Respite care (subject to availability);
- Assisted living accommodation.

## Care for adults

We provide a full range of care for adults with disability, from support with personal care to full nursing care, physiotherapy, hydrotherapy and independent living skills.

Working with the individual, their family, GP and other health professionals and social services as appropriate, we develop a personalised care plan to help each resident enjoy the best possible quality of life.

## Residential and Nursing care

We provide life-enhancing residential and nursing care, dedicated to improving the quality of life and wellbeing of our residents. Some of our residents simply need reassurance and a helping hand, others require 24-hour specialist nursing care. Whatever the needs, we can provide the right level of support.

Residents have access to all facilities at Town Thorns including hydrotherapy pool, hair salon, restaurant and a wide range of leisure activities.



## Our dementia care mission statement

To support people living with dementia to lead a fulfilled life through:

- Valuing the uniqueness and feelings of each individual, and supporting their independence and relationships;
- Creating a safe, comfortable home-from-home where fun and laughter go hand-in-hand;
- Dedicated staff teams with a deep understanding of dementia.



### Dementia care

We have a small and friendly, purpose-built residential unit for residents with dementia. If required, the district nurse will visit our residents.

Residents are encouraged to bring their own personal possessions to encourage a sense of emotional security.

### Respite care

While caring for someone at home can be very rewarding, it can also be extremely demanding and it's very important that carers take a break from time to time. We work with carers and their loved ones to create a tailored care package for total piece of mind.

*Please note we endeavour to be as accommodating as possible with respite requests within our overall care provision.*

### Assisted living

At Town Thorns we have 29 one-bedroom flats and 7 bedsits, with a range of purchase and rental options. Residents have their own lounge which they use for functions and meetings as well as social gatherings, and access to all facilities at Town Thorns including hydrotherapy pool, hair salon, restaurant and a wide range of leisure activities.

## Home from home

All of our residents have their own private room, most with stunning views from the windows across the countryside. The tarmac paths around the grounds ensure residents can enjoy fresh air whilst visiting the resident ducks and fish pond.

Family and friends are welcome to visit at any time; there are no set visiting hours and you are welcome to have lunch in the restaurant or take a walk around the gardens.

Our shared living areas, with television and radio facilities provide a friendly place for socialising and mealtimes. We can also help you prepare drinks and snacks whenever you like.

## Purposeful activities

Town Thorns has a community hall which is the focus for all types of entertainment, daily therapy sessions throughout the week and occasionally weekends, games, and social gatherings. At Christmas time concerts and a pantomime are a source of fun and enjoyment.

Our dedicated activities team provides a wide range of purposeful activities to improve physical fitness and wellbeing. From exercise classes to arts and crafts sessions, concerts from visiting musicians and local schools, movie afternoons and social outings, there's always something enjoyable to do.

Our therapy team leader will visit all new residents to identify their aims and aspirations in relation to activities.

## Town Thorns League of Friends

Town Thorns League of Friends is a volunteer committee comprising of resident's relatives staff and supporters. They organise fundraising events throughout the year to support Town Thorns, these include; sponsored walk, annual fete, Christmas fayre, cheese and wine evenings, light a life, and a pudding club!

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Family and friends are welcome to visit at any time – there are no set visiting hours.

“My aunt has been living in Town Thorns for just over three years. Her quality of life improved greatly from the first moment. She has had many lovely experiences - concerts, activities, trips out and most importantly company and care. The staff are always welcoming and friendly and respond promptly to any concerns I may have. My aunt always took great pride in her appearance and even though she needs more help, the staff ensure she still has her make-up, nails and hair done and looks good. The medical care is exemplary and I am delighted that she is so well looked after.”

## Nutritious food

Our onsite chefs prepare nutritious, freshly-cooked food every day and there is always a choice of meals. Mealtimes are a sociable affair with many residents choosing to sit together and chat.

Staying in your room to eat is of course your choice, however most residents prefer company and choose to eat in the shared dining areas.

“Thank you for making Mum comfortable and visiting more pleasant for me. I have written to thank the staff in Garden Wing but realise how much we benefitted from the smiles and consideration of all the staff in Town Thorns including the kitchen, laundry, nursing, cleaning and admin. You have a special care home and I thank god for guiding me to choose Town Thorns after looking at the homes. With fondest love.”





## About Ben

Ben is a not-for-profit organisation that partners with the automotive industry to provide support for life to its people and their families. As an independent charity, our tailored, holistic care and support services enable people to navigate life's toughest challenges, empowering them to make lasting, positive change. As part of its lifelong support services, Ben provides high quality care for those in later life at our excellent care centres, in their own homes and, for the more independent, at our award-winning retirement village.

## Come and see us

We would be delighted to show you around our wonderful care centre so you can see for yourself the difference life-enhancing care can make.

For further information about Town Thorns Care Centre or to discuss your care needs or those of your loved one, please get in touch:

**Tel. 01788 833311**

**Email [townthorns@ben.org.uk](mailto:townthorns@ben.org.uk)**

**[www.ben.org.uk/townthorns](http://www.ben.org.uk/townthorns)**

**Town Thorns, Brinklow Road,  
Easenhall, nr Rugby,  
Warwickshire CV23 0JE**



**Helpline 08081 311 333**

Free and completely confidential, Monday – Thursday 8am – 8pm, Friday 8am – 5pm

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