



Mental
health &
wellbeing



Support for life

Ben helped Anna cope with her mother's dementia

Anna's mother was diagnosed with Alzheimer's some years ago and her condition has recently deteriorated. Anna is struggling to come to terms with this and the changing dynamics of their relationship. Making difficult decisions about her mother's care and support is emotionally demanding and she finds that her resilience in dealing with the 'caring' responsibility is sometimes challenged.



In addition, Anna's husband recently suffered a heart attack. He is making a good recovery, but this has placed an additional strain on the family.

Ben stepped in to provide Anna with information about the Mental Capacity Act relating to Alzheimer's disease as well as information about the Carers Support Service. We also referred Anna for some counselling to help support her with the emotional challenges she faces at this difficult time.

Additionally, Ben's Support Services and Care teams have been supporting Anna to find suitable care accommodation for her mother at one of the organisation's care centres. We are also continuing to provide Anna with ongoing support.

www.ben.org.uk

Free, confidential helpline 08081 311 333

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