



Social
health &
wellbeing

ben
Support for life

Ben helped Phil's son become more confident

Phil works as a mechanic and is employed at a car bodyshop. He lives with his wife and their two sons, who are both of school age and are autistic with special educational needs. The family manage their outgoings carefully, but there is little surplus income after their basic needs are covered.



The youngest child, Jamie, struggles with holding his pen and writing for long periods of time. His hand tires easily and his written work starts to become untidy and difficult to read. This was having a big impact on Jamie's self-esteem and he found it hard to make friends so he started to become socially isolated. Phil and his wife became increasingly concerned about Jamie's wellbeing.

Jamie's teaching assistant noticed that he was very good at playing computer games, which was also improving his hand-eye co-ordination. Following this, the other

children in his class began to relate to Jamie more positively which also helped improve his emotional wellbeing and behaviour.

Ben provided the family with a grant so that they could buy a games console for Jamie to further improve his skills which were having such a direct, positive impact on his school life. As a result, Jamie has grown in confidence and because his hand-eye co-ordination has improved from playing the games, his handwriting is also improving. His social life is developing and his parents are thrilled.

www.ben.org.uk
Free, confidential helpline 08081 311 333

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