

## Health & Wellbeing Industry Survey - social posts

Every year we carry out a survey to help us find out more about the health & wellbeing of people who work in the automotive industry. All answers are vital to help us to deliver the support and services people need today and in the future.

To ensure we hear the views of people right across our industry, we would be extremely grateful if you could share our survey with your colleagues. To help, we've put together some social posts and imagery to help you spread the word. Feel free to copy and paste the text below and use it with our images. Don't forget to tag us in!

### X:

Can you help **@BenSupport4Auto** learn more about the health & wellbeing of people in our industry? The survey takes less than 10mins & is confidential 😬

Have your say today and be in with a chance of winning a £500 Amazon voucher 👉

<https://bit.ly/40SKWYU>

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### Facebook:

Every year **@Ben - Support for Life** carries out a survey to find out more about the health & wellbeing of people who work (or have worked) in the automotive industry 🚗 🏍️ 🚚 🛒

Can you help them to learn more about the issues affecting people in our industry? The survey takes less than 10 mins to complete & your answers are completely confidential 😬.

Take part 👉 <https://bit.ly/40SKWYU>

Have your say today and be in with a chance of winning a £500 Amazon voucher!

With your help, Ben can continue to deliver the support and services the people of our industry needs today and in the future.

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### LinkedIn:

Every year **@Ben Automotive Industry Charity** carries out a survey to find out more about the health & wellbeing of people who work (or have worked) in the automotive industry 🚗 🏍️ 🚚 🚛  
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Can you help them to learn more about the issues affecting people in our industry? The survey takes less than 10 mins to complete & your answers are completely confidential 😬

Take part 👉 <https://bit.ly/40SKWYU>

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### Instagram:

Every year **@BenSupport4Auto** carries out a survey to find out more about the health & wellbeing of people who work (or have worked) in the automotive industry 🚗 🏍️ 🚚 🚛

Can you help them to learn more about the issues affecting people in our industry? The survey takes less than 10 mins to complete & your answers are completely confidential 😬

With your help, Ben can continue to deliver the support and services the people of our industry needs today and in the future.

Have your say today and be in with a chance of winning a £500 Amazon voucher! Head over to [www.ben.org.uk](http://www.ben.org.uk) to take part.

**Here are some # that you can add to the end of your posts:**

#Support

#Wellbeing

#MentalHealth

#Support4Auto

#Automotive

#MotorTrade