

# Worried about money?

You're not alone. **Ben is here for you.**



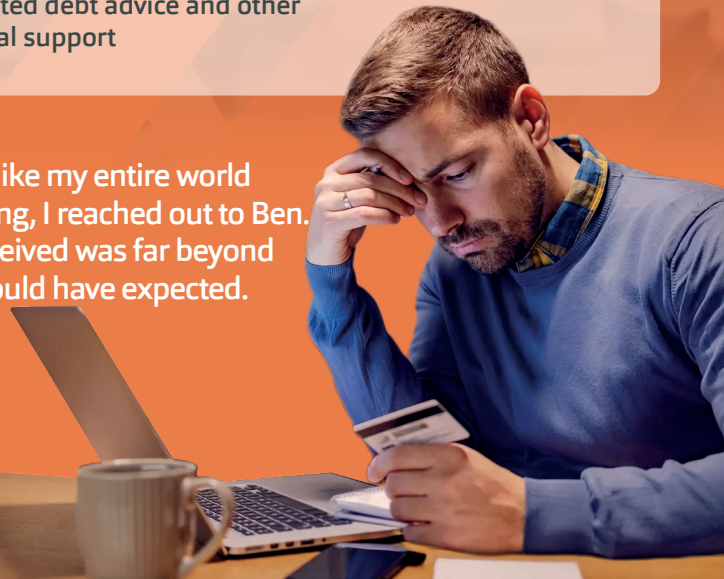
Money worries are one of the main reasons people contact Ben. We've helped thousands of people to manage challenging situations and get their finances under control.

We can support you in the following ways:

- Paying essential or overdue bills, rent and even food
- Covering unexpected costs e.g. car repairs
- Support with loss of income due to illness, injury or disability
- Claiming what you're entitled to in terms of benefits and grants
- Housing issues such as no-fault evictions, homelessness, separation
- Budgeting and saving money
- Signposting to regulated debt advice and other charities for additional support



When it felt like my entire world was collapsing, I reached out to Ben. What we received was far beyond anything I could have expected.





**Ben is a dedicated charity** for our automotive family, providing life-changing and life-saving advice, support and services.



We're here for automotive people, providing support with your health and wellbeing, **for life.**



We can help you navigate all of life's challenges with free and confidential tailored support - **and zero judgement.**



I decided to contact Ben and ask for support. My whole world was falling apart and I didn't know what to do. I am forever grateful for all the support I have received

I can't give enough praise to Ben...  
I honestly wouldn't be here right now  
if it wasn't for Ben's support

Scan the QR code  
or contact us today -

[supportservices@ben.org.uk](mailto:supportservices@ben.org.uk)  
08081 311 333



**ben**  
Support for life